Grade for	Shodan	Nidan	Sandan	Yondan	Godan
Kihon Basics	Basic Block, punches and kicks according	Basic Block, punches and kicks according	Basic Block, punches and kicks according	Basic Block, punches and kicks according	Basic Block, punches and kicks according
	to the examiners request	to the examiners request	to the examiners request	to the examiners request.	to the examiners request.
			The names of the technics must be known	The names of the technics must be known	The names of the technics must be known
Kihon Ido Basic movements	Kihon Ido No. 2 From Neko ashi Dachi	Oyo Ido Kihon Ido no. 3	Oyo Ido Kihon Ido no. 3	any kind of Kihon Ido may be asked to show	any kind of Kihon Ido may be asked to show
Yakusoku Kumite Partner training	Nanahon Kumite	Gohon Kumite	Roppon Kumite	any of ^{1st.} - 3 rd .Dan technics must be prepared to	any of ^{1st.} - 4 th .Dan technics must be prepared to
Kata	Seinchin Sanseru	Sepai Shisochin	Seisan Plus any of the previous kata on request of the examiner	Kururunfa Plus any of the previous kata on request of the examiner	Suparimpei Plus any of the previous kata on request of the examiner
	Sanchin Tensho	Sanchin Tensho	Sanchin Tensho	Sanchin Tensho	Sanchin Tensho
Bunkai	Seinchin	Sanseiru	Sepai	Seisan	one of Shisochin, Kururunfa or Suparimpei can be choosen by the aplicant,
Kumite	Jiu Kumite 5-6 rounds	Jiu Kumite 6-8 rounds	Jiu Kumite 8-10 rounds	Jiu Kumite	The aplicant for the grade of Godan must sho some variation of Goju Ryu technics in the aplication, according to his
					own understanding. He is free to choose any Goju Ryu technic. He must show his
		.2			understanding of the essence of Goju Ryu
Remarks	The Standard requirements for Kyu Grades may also be shown at anytime	The Standard requirements for Kyu Grades may also be shown at anytime	A Sandan must be able to speack about a basice subject of Goju Ryu Karate. He must know all the names of the basic	A Yondan must have teachning experiences.	大学