



IKGA (European Block)

International karate-do Goju kai Association



Grade for	Kihon (Basics)	Kihon ido (Basic movements)	Yakusoku Kumite Partner-Training	Kata	Bunkai	Kumite	Remarks
Shodan	Basic blocks, punches and kicks according to the examiners request	Kihon ido no. II from neko aschi dachi	Nanahon Kumite	Seienchin Sanseiru Sanchin Tensho	Gekisai Saifa	Jiyu Kumite 5-6 Rounds	the standart requirements for Kyu grades may also be asked to show at anytime
Nidan		Oyo- ido (Kihon ido No. 3)	Gohon Kumite	Sepai Shisochin Sanchin Tensho	Seienchin	Jiyu Kumite 6-8 Rounds	Dito above
Sandan	Dito above	Oyo- ido (Kihon ido No. 3)	Roppon Kumite	Seisan Plus one previous Kata on request of the examiner Sanchin Tensho	Sanseiru	Jiyu Kumite 8-10 Rounds	A Sandan must be able to speak about a basic subject of goju ryu karate He must know all the names of the basic technics
Yondan		Dito above	any kind of kihon ido, my be asked to show	any of above technics must be prepared to show	Kururunfa Plus one previous Kata on request of the examiner Sanchin Tensho	Seipai	Jiyu Kumite
Godan	Dito above	any kind of kihon ido, my be asked to show	any of above technics must be prepared to show	Kururunfa Suparumpei Sanchin Tensho	Seisan		the aplicant for thegrade of godan must show some variaton of goju ryu technics in the aplicant, according to his own understanding. He is free to choose any goju techic. He must show understanding of the essence of goju ryu